

# ABC Menu 2020

	Week A	Week B	Week C
<b>Mon.</b>	<u>Breakfast</u> Pancakes <u>Lunch</u> Sunbutter & Jelly Sandwich Chips/Pickles Mixed Fruit <u>Afternoon Snack</u> Applesauce <u>Late Snack</u> Goldfish	<u>Breakfast</u> Pancakes <u>Lunch</u> Vegetable Lasagna Garlic Toast Mixed Fruit <u>Afternoon Snack</u> Animal Crackers <u>Late Snack</u> Trail Mix	<u>Breakfast</u> Bagels & Cream Cheese <u>Lunch</u> Sunbutter & Jelly Sandwich Chips/Pickles Mixed Fruit <u>Afternoon Snack</u> Carrots w/ Ranch <u>Late Snack</u> Teddy grahams
<b>Tue.</b>	<u>Breakfast</u> French Toast <u>Lunch</u> Chicken Fingers Mashed Potatoes Peaches <u>Afternoon Snack</u> Pretzel Sticks <u>Late Snack</u> Graham Crackers	<u>Breakfast</u> Bananas <u>Lunch</u> Chicken Crisпитos & Mac & cheese Mixed Vegetables Apples <u>Afternoon Snack</u> Veggie Straws <u>Late Snack</u> Animal Crackers	<u>Breakfast</u> Pancakes <u>Lunch</u> Chicken Corn Dogs Mashed Potatoes Pineapples <u>Afternoon Snack</u> Yogurt Parfait <u>Late Snack</u> Goldfish
<b>Wed.</b>	<u>Breakfast</u> Bananas <u>Lunch</u> Turkey Nachos/Black Bean Dip Mixed Fruit <u>Afternoon Snack</u> Pudding and Vanilla Wafers <u>Late Snack</u> Animal Crackers	<u>Breakfast</u> Bagels & Cream Cheese <u>Lunch</u> Turkey Nachos/Black Bean Dip Mixed Fruit <u>Afternoon Snack</u> Yogurt <u>Late Snack</u> Goldfish	<u>Breakfast</u> Bananas <u>Lunch</u> Chicken Nuggets Sweet Potato Fries Mixed Fruit <u>Afternoon Snack</u> Crackers & Cheesy Dip <u>Late Snack</u> Chex Mix
<b>Th</b>	<u>Breakfast</u> Bagels & Cream Cheese <u>Lunch</u> Turkey & Cheese Wrap Mixed Fruit <u>Afternoon Snack</u> Carrots w/ Ranch <u>Late Snack</u> Teddy grahams	<u>Breakfast</u> French Toast <u>Lunch</u> Turkey Cheeseburger Sliced pickles Sweet Potato Fries Mixed Fruit <u>Afternoon Snack</u> Cheez it <u>Late Snack</u> Graham Crackers	<u>Breakfast</u> French Toast <u>Lunch</u> Turkey & Cheese Wraps Mixed Vegetables Mixed Fruit <u>Afternoon Snack</u> Cucumbers w/ Ranch <u>Late Snack</u> Graham Crackers
<b>Fri.</b>	<u>Breakfast</u> Blueberry with Yogurt <u>Lunch</u> Cheese Pizza Mixed Vegetables Mixed Fruit <u>Afternoon Snack</u> Goldfish <u>Late Snack</u> Fruit Bars	<u>Breakfast</u> Cinnamon Muffins <u>Lunch</u> Cheese Pizza Mixed Vegetables Apples <u>Afternoon Snack</u> Pretzel Sticks <u>Late Snack</u> Fruit Bars	<u>Breakfast</u> Cinnamon Muffins <u>Lunch</u> Cheese Pizza Mixed Vegetables Mixed Fruit Strawberries <u>Afternoon Snack</u> Fruit Bars <u>Late Snack</u> Teddy Grahams

Water is provided at all meals and snacks. Milk is provided at Lunch.

Substitutions are provided for children.

Alternative Meal Items for Allergies: Chicken Breast, Chicken, Turkey Deli Meat, Sweet Potato, Rice.

Alternative Snacks: Fresh Fruit, Hummus, GF Crackers, GF Fig Bars, Jello, Veggies